

REGULATION and PRINCIPLES ULTRA TRAIL D'ANGKOR (third édition) from 19 to 20 january 2018

To avoid any misunderstanding before and during the event, we request you to please take the time to read carefully the following rules:

COMPETITIONS:

Around the Angkor Ultra Trail, 128 Km (UTA 128), we offer five different competitions and challenges.

- 64 km Race Bayon Trail Angkor
- 42 km Race Marathon Trail Angkor
- 32 km Race Jungle Trail Angkor
- 16 km Race Temple Run Angkor
- 16 km Nordic Walking Nordic Walking Angkor

These races will take place in and around the archaeological site of Angkor, in Cambodia. The Angkor archaeological site is composed of a multitude of majestic temples, and was one of the capitals of the Khmer Empire from the 9th to the 15th century. Since 1992, it has been listed as a World Heritage by the UNESCO.

An unforgettable challenge "A worldwide event for the third edition" on 400 km². Runners will cross several exceptional sites dominated by mountains and temples, evolving through impressive landscapes over a vast area where rice fields, forests, villages offer panoramas of surprising diversity.

FOUR DIFFERENT CHALLENGES INVOLVED:

"Master Relay UTA 128" Challenge: For teams of four members participating in the Angkor Ultra Trail (128 Km) relay – Enterprises/Cities/Regions/Military and schools or others such as clubs, brand teams... only if we have seven (7) official teams registered for the event. This will be organized in four relay runners each running 32 km – The four relay runners will cross the finish line together and the grouping of the four team members shall be 3 km before the finish line.

IMPORTANT: In case of injury (validated by the organization) of one of the team members, the 3 members of the team will be permitted to finish the race instead of 4 members. However, the part of the relay race that was not carried-out by the injured runner must be completed by the following runner.

If the quota of 7 teams is not reached, the "MASTER RELAY UTA 128" challenge will not take place but in this case, there would be no team rankings.

- "UTA 128 Team" Team Challenge: For teams of three to five runners participating in the Angkor Ultra Trail (128 Km) – (teams of men and women or mixed of the same ranking). The ranking is done by adding the times of each participant. The team with the shortest average time will be declared the winner. The classification (ranking) will be made by addition of 3 best times made by each of the participants... only if we have seven (7) official teams registered for the event.
- "DUO UTA 128" Couple Challenge: For the teams of 2 mixed runners (man and woman) participating in the Angkor Ultra Trail (128 Km), only if we have seven (7) official teams registered for the competition.
- "Angkor Relay 224" Challenge: For teams of three runners participating in three individual challenges on the program : UTA 128 Bayon Trail Angkor (64km) Jungle Trail Angkor (32 km), only if we have seven (7) official teams registered for the competition. The classification will be done by adding the running times registered by each member. The team with the shortest average time will be declared the winner.

Article 1: CONDITIONS OF THE PARTICIPATION & RESPONSIBILITIES

The participant undertakes one of the chosen competitions being fully aware of the details of the challenge.

The participant certifies to have the physical fitness necessary to compete in the long distance and intense race and to be perfectly prepared for his participation in this type of competition.

The participant certifies to be able to run the race in total independence between the two checkpoints and to face any physical or mental problem encountered during the competition, on the course or outside the course in case he is isolated following an orientation mistake.

The participant agrees that the organization is not responsible if he encounters any physical or mental problem during the competition.

Article 2: THE SIX SCHEDULED CHALLENGES

Angkor Ultra Trail races : "UTA 128", "Bayon Trail Angkor - 64 km ", "Marathon Trail Angkor - 42 km", "Jungle Trail Angkor - 32 km ", "Temple Run Angkor - 16km " and "Nordic Walking Angkor - 16 km" are events organized by the Sport Development and Performance Organization, hereafter referred to as "S.D.P.O.". *The regulations shall rule in these events and will be in effect once the participant has given its commitment*. The participant will be runner, individual or team or walker.

<u>Article 3:</u> RULES TO PARTICIPATE IN THE RACE

The events are international and open to any competitor, professional runner or not (a medical certificate is required for everybody). These are for the following categories: hope, senior, master, man and women.

- A minimum age of 18 is required to participate in the Ultra Trail of Angkor (128 km)
- The age of 18 is required to participate in the Bayon Trail Angkor (64 km)
- The age of 18 is required to participate in the Marathon Trail Angkor (42 km)
- The age of 18 is required to participate in the Jungle Trail Angkor (32 km)
- The age of 18 is required to participate in the Temple Race Angkor (16 km)

For the commitment of UTA 128, it is recommended to have at least participated in one marathon or one trail of over 40 km in the calendar year

CATEGORIES 2018

Норе	Senior	Master 1	Master 2	Master 3	Master 4
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This is open:

- ➢ For Individual runners,
- > For teams of four runners participating in the "MASTER RELAY UTA 128" challenge,
- > For teams of 2 mixed runners (man and woman) participating in the "DUO UTA 128" couple challenge.
- > For team of 3 runners to five runners participating in the team challenge "Team UTA 128": is a 128 Km challenge with free pace within a limited time.
- Angkor Ultra Trail, 128 Km (UTA 128) is a 128 km challenge with free pace within a limited time.
- **Bayon Trail Angkor** is a 64 km challenge run with free pace within a limited time.
- Marathon trail Angkor is a 42 km challenge run with free pace within a limited time.
- JungleTrail Angkor is a 32 km challenge run with free pace within a limited time.
- **Temple Run Angkor** is a 16 km challenge run with free pace within a limited time.
- Nordic Walking Angkor is a 16 km challenge walk with free pace within a limited time (in accordance with the specific rules of the Nordic Walking).

All these competitions are organized in Cambodia, within the Angkor archeological site surroundings, on tracks and off-tracks. The classification will be in accordance with the principles of the challenge.

Article 4: MAXIMUM TIME ALLOWED BY RACES***

- ➢ UltraTrail Angkor 128 km
- ▶ 28 h about 4,57 km/h
- ➢ Bayon Trail Angkor 64 km
 - ▶ 12 h about 5,33 km/h
- ➢ Marathon Trail Angkor 42 km ► 7h53 about 5,33 km/h
 - ▶ 6h about 5,33 km/h
- ➢ Temple Run Angkor 16 km

Participants have a limited time to get to the finish line. After that, a runner will be declared « out of time » by decision of the staff and he will not be able to finish the race. His bib will be removed. The security detail having been lifted, the participant wishing to finish the track will do so on his own responsibility and he will have to comply with the traffic laws. SDPO will not be held accountable in case of an accident.

Article 5:

In addition to the sporty aspect, these challenges aim to establish a friendship and respectful relationship between all participants either runners or walkers, and on the other hand, a cultural discovery of Cambodia and its people.

The participant will be held by a moral commitment to respect this spirit which is the basis of the foundation of the Sport Development and Performance Organization.

Only running and walking will be permitted.

- ➢ Jungle Trail Angkor 32 km ▶ 3h about 5,33 km/h
- Nordic Walking Angkor 16 km > 4h about 4km/h

Article 6: CONDITIONS FOR INDIVIDUAL ENTRIES

To register, the participant must complete a registration form provided for this purpose and send it to **S.D.P.O** along with the registration fee, according to the rules laid down in this Regulation.

The registration is personal. It may not be exchanged or given. This registration gives the right to a bib number

The total price of the registration for the events is:

Ultra Trail d'Angkor (UTA 128) : 165 euros Bayon Trail Angkor (64 km) : 95 euros Marathon Trail Angkor (42km) : 75 euros Jungle Trail Angkor (32km) : 65 euros Temple Run Angkor (16km) : 45 euros Nordic Walking Angkor (16 km) : 45 euros

Article 6bis:

For registration in the different challenges available, the list of participants will have to be communicated by specifying the name of the challenge in which they will participate. The price remains calculated on an individual basis for the selected challenge.

- "Team UTA 128"Team Challenge
- "DUO UTA 128" Couple Challenge
- "Angkor 224"Challenge

Challenge MASTER RELAIS UTA 128 (32 km X 4 relayeurs)

Registrations are individual and you will have to specify MASTER RELAIS UTA 128 on your form. The team price is the sum of all individual runners (so 180€).

<u>Article 7:</u> ASSURANCE

The registration fee does not include – **The race assistance/repatriation insurance***, cancellation insurance, health and repatriation insurance.

*For your own security, S.D.P.O. highly recommends that you to take a "race assistance/repatriation" insurance covering your participation in the Angkor Ultra Trail: Competition (running or walking) for 16, 32, 64,42 or 128 km in the Cambodian territory from the 19th to 20th January 2018.

<u>Article 7bis :</u> Responsibilities of the Runners or Walkers

If I fail to purchase a race assistance/repatriation insurance, I am committed to provide an advance for the necessary funds on site corresponding to the cost of the first aid treatments and the cost of the primary transportation. Therefore, I become solely responsible for the implementation of the medical procedures after the event. I will personally take care of the claims to my insurance company.

It is the sole responsibility of the participant to constitute and present the case to his personal insurance before its deadline.

Article 8: MEDICAL ASSISTANCE

The medical team will be present on the race path for the duration of the event and will be able, at any time, to stop any competitor unfit to continue the race.

Note: In case of physical failure, if a competitor has a pain, the competitor will not be allowed to resume the race and will be declared "abandoned"

The responsibility of SDPO will be released after the abandonment or disqualification of the racer.

Article 9: REGISTATION

Registration will not be final unless the full amount of the registration fee is paid to **S.D.P.O.** according to the payment terms specified in the registration form. The payment is by bank transfer or credit card online payment.

Different payments are proposed :

- Payment by check, it must be made under the name of S.D.P.O.
- For payment by bank transfer, the participant should contact the organization to get the organization's bank account details.
- redit card
- Paypal

The participant who wants to participate in this competition should send his commitment to: **French representative**: Sport Développement et Performance Organisation, 16 rue Jean Cocteau, 95350 Saint Brice Sous Forêt / FRANCE.

English representative : PHOENIX Voyages, contact : <u>ultratrail@phoenixvoyages.com</u>

S.D.P.O. draws your attention to the fact that the participation in the competition is effective only once the registration fee due for the selected challenge has been received by **S.D.P.O.**

A participant who has not paid his registration on the due date will be considered to have withdrawn his participation in the selected challenge.

The validation of registration also requires the prerequisite of a medical certificate or discharge.

Article 10: MEDICAL CERTIFICATE

Participation in the races is subject to the presentation of a valid licence proving the possession of a medical certificate that authorises the competitive practice of the corresponding discipline. « Able to practice competition running » or « no contra indication for competition running ».

For runners who do not have a licence, the presentation of the said medical certificate, or a copy, issued no later than 10/01/2018 and dated less than one year from the event (preferably by a sport specialized doctor). **Only the organization's medical form will be accepted.**

If S.D.P.O. does not receive this document before the start of the race, the competitor can be denied access to the race by the medical team and will be automatically disqualified*.

* **In case of non-presentation of the medical certificate** and to avoid being disqualified, the competitor agrees to sign a discharge and becomes solely responsible in case of physical problems that he could sustain during the race.

Article 11: DISCLAIMER

In case of cancellation after the registration, cancellation fee will apply as soon as the registration has been processed according to the expenses incurred with a minimum of 60 Euros per person (**only for registration to Ultra Trail of Angkor and Bayon Trail Angkor**).

There will be no refund for Marathon Trail Angkor, Jungle Trail Angkor, Temple Run Angkor or Nordic Walking Angkor.

In case of cancellation and before October 20th 2017, the competitor will be refunded his registration, minus the fees mentioned above.

After October 20th 2017, no refund will be possible.

Each participant should take an appropriate cancellation insurance at his own expense

- > If you change a bib number for a « shorter » race , no refund will be made.
- > If you change a bib number for a « longer » race, an extra charge will be requested

In case of a no show at the competition, at the appointed time and at the starting line as well as forgetting the bib number, there will not, in any case, be a refund.

The disclaimer, as understood by this Regulation concerning the withdrawal of the participant, is at his own initiative.

The cancellation of the participant in the competition should be mentioned to the organization by a registered letter with acknowledgment of receipt, post office stamp being compulsory. No cancellation can be made by telephone, fax or e-mail.

Article 11 bis:

In the event that the competition would be cancelled at the initiative of S.D.P.O., due to external force majeure and beyond its control, S.D.P.O. agrees to refund the participant within the limits of costs already incurred for the organization of the competition.

Article 11 ter:

Force Majeure : It means any event beyond the parties' disposition in the unpredictable and insurmountable faith that prevents the organizer or service providers involved in the realization of the race, to perform all or part of the obligations under this Regulation.

By clear agreement, it will be particularly so on strikes on transportation, hotel staff, air traffic controllers, insurrection, riot or any kind of prohibition enacted by the government or public authorities.

However, if the participant cancels his registration at his own initiative before any official cancellation of the event by S.D.P.O., the present Regulation will apply and refund terms will be according to the disclaimer of the participant (article 8). No full refund will take place and shall not be required, even if the event is cancelled thereafter.

Article 12 : MEETING TIME

The meeting time for the race must be respected. Latecomers are subject to the inconveniences that may result from their lack of accuracy and without compensation or reimbursement from **S.D.P.O.**

The competitors must be at the starting line at least 30' before the race time to attend the prerace briefing.

In case of delay at the starting line, the competitor will have 30' after the official departure to take part in the race. His delay will not, however, be deducted from his time at the finish point. Beyond 30 minutes, the competitor will not be classified and will, in fact, be declared disqualified. Nevertheless, if he decides to start on the course, it will be at his own risk and without being able to claim any support whatsoever from the organization.

S.D.P.O cannot be held responsible for any delay in the arrival of participant by air, rail or land which would result in the failure to present the runner or walker on the starting line, for any reason whatsoever, even if the delay is due to force majeure, an accident case or due to a third party.

In case of voluntary abandonment of the participant or abandoned for medical reasons during the event, there will be no refund from S.D.P.O.

Article 13 :

S.D.P.O reserves the right to refuse any registration of the participant without a given reason.

Notwithstanding. disclaims any liability for the discharge of participant upon leaving his origine country or entering Cambodia for administrative reasons, such as lack of visa, passport expired etc. No refund will be possible.

Article 13 bis:

Foreign nationals must enquire with the consulate or embassy concerning formalities necessary for their entry into the country.

Article 14: SCHEDULE OF EVENT

All the events will be held on a single day with staggered schedules.

The running of the competition is planned: On Friday 19 January at 8.00* pm for **Angkor Ultra Trail, 128 Km** (UTA 128) On Saturday 20 January at 5.00* am for **Bayon Trail Angkor** (64 km) On Saturday 20 January at 6.00* am for **Marathon Trail Angkor** (42 km) On Saturday 20 January at 7.00* am for **Jungle Trail Angkor** (32 km) On Saturday 20 January at 8.30* am for **Temple Run Angkor** (16 km) On Saturday 20 January at 8.30* am for **Nordic Walking Angkor** (16 km)

*S.D.P.O. draws your attention to these programmed schedules that can be modified according to certain requirements.

The detailed program will be fixed by **S.D.P.O** by the end of October 2017. However, **S.D.P.O** reserves the right to amend the program of the Races if unforeseen circumstances or circumstances beyond its control require to do so.

Article 15:

During the course of the event, **S.D.P.O.** has the absolute right to withdraw the participant from the race if he did not comply with the regulation. Similarly, the medical staff has the absolute right to withdraw a participant from the race if deemed necessary for safety reasons.

S.D.P.O. and the medical team cannot be held responsible in case of physical failure or injury of a competitor who agrees to participate in this event under his own responsibility.

A participant who will be disqualified should immediately return the bib number to the judge who has declared his disqualification.

A participant who, despite the disqualification by the organization, decides to continue the challenge would be fully responsible and in total autonomy. However, he will not be able to benefit from the services offered by the organization (supplies, medical services, etc).

Article 15 bis

In case of abandonment, for better security and in order to avoid unnecessary searches in the Angkor site, the participant must obligatorily warn the PC course of his stop of race and come to restore the chip of timing

Article 16: BIBS

The bibs and chip will be provided Thursday, 18th January (10am to 7pm) and Friday, 19th January 2018 (9am until 6p.m for UTA 128). The place to take the bib number will be later communicated with you.

A deposit can be required for the chip number. This caution will be refunded upon return of the chip number after the race.



Article 17: PRINCIPLES OF THE RACE

EQUIPMENT:

ULTRA TRAIL OF ANGKOR : Mandatory equipment							
Water reserve with a minimum capacity of 1.5 liter for UTA - 1 liter for Bayon Trail Angkor	UTA 128 Bayon Trail Angkor		1 whistle	UTA 128			
Gels and energy bars or nutritional products	UTA 128 Bayon Trail Angkor		Armband retro reflective (or reflective strips on the bag)	UTA 128 / Bayon Trail Angkor 64 km			
Cap or its equivalent	UTA 128 Races : 64, 42, 32 and 16 km Nordic Walking		1 cell phone with charged battery	UTA 128			
Headlamp with spare batteries	UTA 128		Nordic walking stick	Nordic Walking			
Survival blanket	UTA 128		Visible identification card with phone numbers to call in case of emergency	UTA 128 Races : 64,42, 32 and 16 km Nordic Walking			

The participant has to ensure to start with this mandatory equipment. In case of default, the participant may be disqualified from participating in the event. He must retain all the mandatory equipment throughout the race.

A first aid kit to treat minor wounds (disinfectant + plasters + sterile dressings pre-cut gauze compresses 5 x 5 cm + double skin plasters) is recommended.

IMPORTANT: At any time before the start of the race, SDPO may have to, based on the weather, modify or change the route or to impose "additional" equipment or clothing.

CHECKING OF BAGS DURING THE RACE

For security purposes, it is the responsibility of everyone to respect and carry the contents of the mandatory equipment recommended by the organization. AT ANY TIME, a member of the organization can control the content and any breach will result in a penalty according to the scale below.

PLACE OF BIB

The race bib is individual and must be permanently visible on the front of the chest or the stomach, whatever the weather and clothing equipment may be.

Important: SDPO cannot be held responsible in case of problems at the race if a person participates in the event with a race number that doesn't belong to him.

Failures Penalty Board						
Absence of minimum water reserve (1.5 L UTA - 1L Bayon Trail Angkor)	Penalty 3h	Cell phone with charged battery Penalty 1h				
Gels and energy bars or nutritional products	Penalty 2h	Nordic walking stick Penalty 2h				
Cap or its equivalent	Penalty 1h	Non visible Bib Warning 1h then penalty if the racer refuses to submit to the conformity.				
Headlamp with spare batteries	Penalty 1h	*Non-support to a person in difficulty Exclusion				
Survival blanket	Penalty 1h	Assistance outside the authorized zones Penalty 1h				
1 whistle	Penalty 1h	Cheating by taking a major shortcut Penalty 1h				
Armband retro reflective (or reflective strips on the bag)	Penalty 1h	Non-respect for nature by throwing rubbish out of the demarcated areas				

*Non-support. For assistance to another competitor, the time spent with the runners, until the help arrives, will be deducted from the final timing. This time will be communicated to the organization by yourself. The deducted time will be defined by the organization between the times of the call-out and on-site.

DISQUALIFICATION

- Non-compliance with the Regulation
- Race bag control Refusal
- Cheating by using a way of transportation other than walking or running
- Refusal to comply with all orders issued by a race official commissary or a doctor or a medical member.
- Missed checkpoint: the first one will be a 3 hour-penalty, the second disqualification

AREAS OF SUPPLY AND CONTROL

Additional points of control and not disclosed to the competitors will be set up along the route to ensure that participants will use entirely the planned route. Going through these points is just as obligatory as those announced by the organization.

Scheduled area:

- every 5 km for the races*: Marathon Trail (42km), Temple Run Angkor (16km), Jungle Trail Angkor (32km) and the Nordic Walking Angkor
- > every 10 km** for UTA 128 and Bayon Trail Angkor (64km) it will also be modulated by the difficulties of the course (with provision of water only)
- > every 30 km (with provision of water and solid)

- > midterm for the Ultra Trail Angkor (with more hot and cold consisting of refuelling)
- > midterm for the Ultra Trail of Angkor (life base with rest area, medical supplies and to change)

* According to the difficulties of the course, an additional supply could be established

MARKINGS

Fluorescent tagging visible day and night - flag - markings on the road

Particular attention will be given to all the changes of direction

In all cases, the maximum space between two tags will be 200m. So if you run through more than 400m without seeing a tag that means you are on the wrong path!

 It is imperative to follow the markings of the race that SDPO and the Cambodian staff have done <u>without cutting</u> - All runners and walkers must respect all signs of the course of the path or they will be penalized or disqualified.

SAFETY AND LIABILITY

The participant must comply with the directions of **S.D.P.O** at any time during course of the event. Nevertheless, it is understood that during the races, the participant must follow the rules of country – specific road safety and assume the sole responsibility in races conducted on non-marked trails. In addition, he will also respect the local customs and the environment.

S.D.P.O assumes no liability for non-compliance sanctioned by the local authorities.

PARTICIPANT OUTFIT

Runners registered in the "MASTER RELAY UTA 128" challenge, the team must wear the official <u>T-Shirt of their team</u> but they will be required to include the logo of the Angkor Ultra Trail (UTA 128) on the T-shirt of the team.

Runners participating in the "Team UTA 128" challenge, the team must wear the official <u>T-shirt</u> of their team but will be required to include the logo of the Angkor Ultra Trail (UTA 128) on the T-shirt of the team.

Runners participating in the "DUO UTA 128" challenge, the couple can wear their own T-shirt, but will be required to include the logo of the **Angkor Ultra Trail (UTA 128)** on their personal T-shirt.

Runners registered in the "ANGKOR 224" challenge, the team must wear the official T-Shirt of their team but they will be required to include the logo of the Angkor Ultra Trail (UTA 128) on the T-shirt of the team.

Article 18:

S.D.P.O. entitles the participant to use the official logo of the Ultra Trail Angkor on his T-shirt race of his own creation. In this case, the event logo will have to be visible on the front of the T-shirt in **mini** size 100 X 100 mm.

If required to wear a T-shirt specific for the participation in the team challenge **"MASTER UTA 128"**, **Team UTA 128 (Equipe UTA 128) and couple challenge Duo UTA 28**, participant will be allowed to use his own T-shirt in the race, however, the official logo of the event is mandatory and must be present and visible on the front of the T-shirt in **mini size 100 X 100 mm**.

Article 19:

It is clarified that the Technical Official T-shirt will be distributed in Cambodia.

S.D.P.O. can have additional technical races T-shirt available to participants. (Size S, M, L, XL) - **The unit price: will be announced later.**

Article 20:

During the course of the event, it is understood that in case of a dispute between the participant and **S.D.P.O** that the decision once taken is final.

<u>TIMING</u>

> Directed by computer

ABANDONMENT

Will be judged ABANDONMENT, if any participant having been stopped for medical purpose or having exceeded the time limit at a checkpoint.

To withdraw from a race, the competitor must absolutely inform the organizing committee as soon as possible.

JURY OF THE RACE

The jury members are:

- President of SDPO
- Race Management
- The chronometer races' manager.

The supervision of all competitions will be done by **SDPO**, including the starting and ending points with timing and record of the bibs.

The jury of the races is the only one able to manage any claims made by the participants during the competition.

HALF AUTONOMY

The competitor is fully aware that he/she will be fully independent between two refreshment stations and he/she will be able to make decisions and to act alone (without assistance), in case of problems to reach the nearest checkpoint. For this, each competitor must have, throughout the duration of the event, its mandatory equipment.

For the duration of the event, the competitor is prohibited to be assisted outside the official refreshment zones (except in emergency case).

For the duration of the event, it is forbidden for the competitor to be accompanied by a third party (bicycle or other support even for only a few kilometres).

Article 21: RANKING

The final classification will be final after the meeting of the officials of **S.D.P.O**. All the runners and walkers classified will be rewarded.

No claim will be taken into account an hour after the official end of the event.

However, S.D.P.O. reserves the right not to present the trophy of the challenge to any participant who is absent during the awards, except in case of absence for medical reasons (according to the doctors of the organization). No trophy will be awarded out of the ceremony and the participant who has not been present cannot claim his award later.

The timing of the organization will be the only reference

At the end of each competition, **SDPO** will announce the **racers' classification**.

The final classification, in general and by category for the races 64, 42, 32,16 and Nordic Walking , will be announced the Saturday after the closure of each event

The awards for the races 42, 32, 16 and Nordic Walking will be presented Saturday, January 20th at 12am.

• Depending on the number of Nordic walkers engaged, there might be only one general ranking (first 3 men and first 3 women).

The awards for the first runners for the races 64 and UTA 128 will be presented Saturday, January 20th at 5pm.

During the closing ceremony, the participants attendance is mandatory. If case of absence, no trophy or reward will be given later.

Article 21bis: Classification of the Angkor Ultra Trail challenges

MASTER UTA 128

A team participating in the "MASTER UTA 128" challenge can only be classified if all four team members have crossed the finish line together. The grouping of the four team members will be 3 Km before the finish line.

In case of injury (validated by the organization) of any member of the team, 3 runners instead of 4 will be permitted to finish the race. However, the part of the relay race not carried-out by the injured runner must be completed by the following runner.

The relay passage areas will be chosen by the organisation. They will be the only places where the relay switch can take place. Any switch made somewhere else would disqualify the whole team.

EXCEPTION

If a runner engaged in the team challenge « MASTER RELAIS UTA 128 » does not take the start to his own relay, the previous team member would have to run the whole two 32km relays himself. The challenge will only be validated if 3 out of 4 team members, no less, pass the finish line.

UTA 128 Team"

For teams of three to five runners participating in the Angkor Ultra Trail (128 Km) – (teams of men and women or mixed of the same ranking). The ranking is done by adding the times ran by each participant. The team with the shortest average time will be declared the winner. The classification (ranking) will be made by addition of 3 best times made by each of the participants... only if we have seven (7) official teams registered for the event.

DUO UTA 128

A team participating in the "DUO UTA 128" couple challenge can only be classified if the two team members have crossed the finish line. Classification will be done by adding the times of the two participants.

A team participating in the "TEAM UTA 128" team challenge of three to five runners can only be classified if the three runners have crossed the finish line. Classification will be done by adding the times of all three participants.

ANGKOR RELAY 224

A team participating in the "Angkor Relay 224" challenge can only be classified if the three team members have crossed the finish line in their respective events. Classification will be done by adding the times of all the three participants registered in the challenge - **UTA 128 – Bayon Trail Angkor – Jungle Trail Angkor**.

The team who will have less time will be declared winner

Article 22 : AWARD CEREMONY

- Each competitor will receive a trophy matching with his/her race.
- For the podiums: Trophy for the winners of various categories
- For the Ultra Trail of Angkor, a jersey "Finisher 2018"
- For the podium by couples DUO UTA 128: Trophy for the first three couples
- For the Podium Challenge MASTER UTA 128: Trophy for the first three teams
- For the podium at Angkor Relay 224: Trophy for the first threeteams

SDPO, the organizer of the event, reserves the right, if necessary, to make changes on the Principles of the race. In this case, SDPO will inform participants of the possible changes.

Article 23: MEDIA AND IMAGE RIGHTS

The official media coverage of the different challenges on the program will be borne by **S.D.P.O** intervening before, during or after the competition.

The participant agrees, with his commitment to the fact that **S.D.P.O** has the exclusive right to the individual and collective image and name for everything about the media coverage of **S.D.P.O** and **UTA 128** as well as events organized beside this event (commercial use included). So the participant waives any claim against **S.D.P.O**.

S.D.P.O. reserves all the exclusive rights for commercial use of the images of Angkor Ultra Trail.

Any photography, video or film made during the event will be used by the participant or the person accompanying only for private use and therefore cannot be used for commercial purposes.

For any other professional media (films or documentary) for sale or for commercial purposes, a written request must be submitted to S.D.P.O.

Accordingly, any film project or report, whatever its duration, should have a prior agreement from **S.D.P.O**.

Article 24:

The logos and the name of Angkor Ultra Trail (or l'Ultra Trail d'Angkor) and **S.D.P.O** are registered trademarks. Therefore, it follows that the use of the logos and the name of the Ultra Trail of Angkor and **S.D.P.O** are for the exclusive use of the **runner/walker's participation in the event**.

To have the official logo of the event, participant agrees not to use it for commercial purposes. Otherwise, the participant would engage its liability for use of these logos and the name, without prior agreement of **S.D.P.O.**

S.D.P.O. reserves the right to refuse participation in the UTA 128, Bayon Trail Angkor (64 km), Marathon Trail Angkor (42km) Jungle Trail Angkor (32 km), Temple Run Angkor (16 km) and Nordic Walking Angkor (16 km), of any person not complying to this regulation.

Article 25:

This Regulation and principles are subject to change on the constraints of the organization and the finalization of the different paths. Only the version on the date of the competition is valid and shall prevail in case of dispute of any nature whatsoever.



All the races will take place in and on the outskirts of the archaeological site of Angkor, a UNESCO World Heritage Site. This implies more than elsewhere to respect all the sites available for the events. The competitors agree to respect all instructions of cleanliness and good manners given by the race organization, in the deepest respect for the environment and protection of the architectural heritage.

 In order to promote the exchange with the local population, to the extent possible and within our organization, SDPO will ensure to work at the different positions of the race by the local inhabitants from the surrounding towns and villages.

ENVIRONMENT AND SUSTAINABLE DEVELOPMENT



Respect for Nature

For over 20 years, SDPO remains to be an example to the world of running. For this, we have always tried to make the runners respectful towards nature and protected areas. To throw the empty bottles or rubbish (wrappers of energy gels), there are lots of trash bags available at the supplies area. After these defined areas, any runner seen throwing his/her rubbish on the course will be penalized.

These trash bags must always be used.

IF we ran OR walked FOR A GOOD CAUSE:

Special for the accompanying person:

SDPO offers you to participate in a massive Humanitarian Walk for Mr. Red Nose (8 to 10 Km). This humanitarian walk will be organized during the period when the runners are on their way. To participate in this humanitarian walk, an extra **25 euros (minimum)** or more will be requested.

Special runners:

To participate in the individual subscription, simply donate a minimum of 15 euros or more.

The funds raised will be donated entirely to the Cambodian villages. We expect many of you to join this solidarity.

This subscription to the Mr. RED NOSE Association is not at all mandatory.

ACCEPTANCE OF THE RULES AND PRINCIPLES OF THE RACE

I have read the Rules and Principles of the race(s) and I agree with its terms and conditions.

The participation in the Angkor Ultra Trail, or one of the five other chosen challenges brings about the unconditional acceptance of this Regulation.



Representing English-speaking country PHOENIX Voyages <u>ultratrail@phoenixvoyages.com</u>



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